

POTTI SRIRAMULU CHALAVADI MALLIKHARJUNA RAO COLLEGE OF ENGINEERING & TECHNOLOGY

Approved by AICTE, NEW DELHI and Affiliated to JNTU, Kakinada Sponsored by: SKPVV Hindu High Schools Committee, Estd: 1906 D.No. 7-3-6/1, Raghava Reddy Street, Kothapet, Vijayawada - 520 001. Voice: 0866-2423442, 91777 77855, Fax: 0866-2423443, E-mail: principal@pscmr.ac.in, www.pscmr.ac.in

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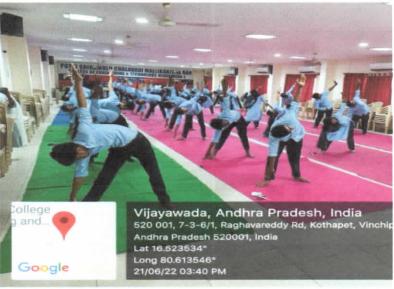
INTERNATIONAL YOGA DAY CELEBRATIONS

No of NSS Volunteers Participated: 60

Students of PSCMRCET were participated International Yoga Day, wherein physical instructor HARSHA GARU and NSS PO B.SRIKANTH REDDY demonstrated various asanas followed by 'omkar' chanting. Warm up exercises were performed by the students and participants and the importance of these was also explained simultaneously. NSS Cadets registered themselves join yoga programmes and performed asanas with enthusiasm. Principal Dr. BABU RAGINDRA PRASAD sent his wishes and emphasised the importance of yoga and motivated the students and parents to make that an important part of their lives.

Photos of Yoga Practice by the volunteers





NSS PO CLEEN

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